

**Cold Spring Harbor Athletic Department**

**JH Winter II Sports Information**

**“A Commitment to Excellence”**

January, 2016

Dear Parents/Guardians and Student-Athletes,

The JH Winter II Sports Season begins January 17, 2017. Below is important information:

All student athletes must have a Coaches Authorization Form. Athletes who participated in a Fall or a Winter I sport and have an up to date physical, must fill out a new Coaches Authorization Form and submit it to the school nurse by Thursday, January 12th. The Coaches Authorization Forms are on the district website under “Forms” in the Athletics drop down menu. Authorization Forms may also be picked up in the nurse’s office or the Athletic Office.

Students who did not participate in a Fall or Winter I sport must see the school nurse and submit a completed physical along with the Coaches Authorization Form.

Below is a list of the sports offered during the Winter II season:

**Junior High Athletics:**

- Winter Season II – Begins January 17th
- Wrestling
- 7/8 Boys Volleyball
- 7<sup>th</sup> grade Girls Basketball
- 8<sup>th</sup> grade Girls Basketball
- 7/8<sup>th</sup> grade Girls Basketball

**Practice and Game Schedules:**

Practice schedules will be communicated to you weekly by coaches and posted on the Athletic Website under schedules. Game schedules will be on the Section VIII website prior to the start of the season and then placed into Schedule Star for your convenience. All game changes will be noted on Schedule Star.

**Expectation:**

**Junior High sports are to be a fun, educational and rewarding experience. Commitment, dedication, tactical and technical skill development are of the highest priority. These teams are stepping blocks to high school athletics. All teams are an integral part of our athletic vision and success.**

We are looking forward to an enjoyable and successful Winter II Season. If you have any questions, please contact the Athletic office at 631-367-6826 or via email at [mbongino@csh.k12.ny.us](mailto:mbongino@csh.k12.ny.us).

Sincerely,

Michael Bongino

Director of Athletics, Health, and Physical Education

**“High achievement always takes place in the framework of high expectation”**

- Jack Kinder

